EQUAL PLAY

EQUAL PLAY

INFOGRAPHIC

Checklist to play sports more inclusively

01

ACCESSIBILITY

Accessibility is not only about ramps. It is also about information, timing, language, cost, confidence and feeling welcome.. Ask yourself: Can everyone access and enjoy our activities?

02

PARTICIPATION

Inclusion does not mean doing the same thing for everyone. It means giving everyone a fair chance to participate.. Ask yourself: Does everyone have a real opportunity to take part?

03

COMMUNICATION

Good communication reduces anxiety and builds trust. Clear language, demonstrations and patience are powerful inclusion tools..Ask yourself: Is our communication clear, respectful and easy to understand?

04

REPRESENTATION AND BELONGING

People are more likely to participate when they can see that they belong.. Ask yourself: Do participants feel seen, respected and valued?

05

SAFE AND RESPECTFUL ENVIRONMENT

A safe environment is built every day through small actions, clear limits and consistent behaviour from adults.. Ask yourself: Do we prevent exclusion, discrimination and negative behaviour?

06

CONTINUOS IMPROVEMENT

Inclusion is not a one-time action. It is a continuous improvement process.. Ask yourself: Do we listen, learn and improve?

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

EQUAL PLAY