EQUAL PLAY

UNDERSTANDING BARRIERS TO PARTICIPATION

"PARTICIPATION IS AFFECTED BY MULTIPLE BARRIERS"



LANGUAGE BARRIERS

- Understanding instructions
- Accessing information
- Communicating with coaches
- Reduced confidence

COST AND FINANCIAL CONSTRAINTS

- Membership fees
- Equipment costs
- Travel expenses
- Event participation fees





TRANSPORT AND ACCESSIBILITY

- Long distances
- Limited public transport
- Dependence on others
- Difficult access to facilities

TIME CONSTRAINTS

- Work commitments
- Family responsibilities
- Language courses
- Administrative appointments





FEAR OF DISCRIMINATION

- Fear of exclusion
- Previous negative experiences
- Feeling unwelcome
- Lack of confidence

Use clear communication
Provide accessible information
Create welcoming environments
Ask participants about barriers
Support active inclusion

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